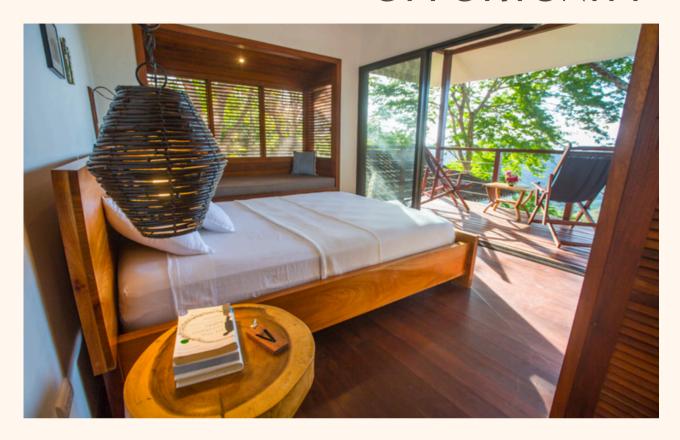


GRAB THIS UNIQUE OPPORTUNITY



OUTSTANDING SURF INSTRUCTION WITH EXPERIENCED COACHES IN THE "BEST OF THE BEST" HOTEL

RETREAT PRICING

PRIVATE OCEAN VIEW CASITA \$2200

> PRIVATE ROOM \$1650

DOUBLE OCCUPANCY ADD \$775

*TAXES INCLUDED
(airport transfers extra)

SAMPLE SURF RETREAT DAY

surf - eat - sleep - repeat

07:00 Early fruit & granola breakfast (optional)

08:00 Check-in, Surf Theory & Mobility Class 09:30 Full Breakfast 10:30 Surf at Escameca

13:30 Lunch
14:30 Pool time, spa treatment & relax
16:00 Video Review & Analysis
18:00 Sunset
19:00 Dinner

THE EXPERIENCE

THE BEST OF THE BEST -

THE VERDAD DIFFERENCE

Join us for a 7-day immersion, staying at the hidden gem of a hotel that is Verdad Nicaragua, while honing your surfing skills with the outstanding teachers from SandBar Surf Academy. We are rated in the top 1% of hotels worldwide & #1 in the area of San Juan Del Sur.

This retreat will be a small group of no more than 6 people, so you will be sure to receive individual attention and have lots of opportunities to interact closely with your instructors. SandBar's approach to coaching mixes a combination of different strategies including: theory, mobility classes, surfskate, ground exercises, video analysis and water practice. We always have time for your questions and promise you'll get lots of personal feedback during your time with us.

Our coaches are all local surfers with many years of experience in the ocean. They all have completed the ISA Surf Certification, which is recognized as the international standard of safety, quality, and efficacy for instructors at quality surf schools around the world.







VERDAD NICARAGUA BEACH HOTEL



"Best of the Best" 2023 & 2024

- TripAdvisor

"I cannot recommend Verdad enough if you want the best surf instruction in a beautiful escape."

Verdad will be your extraordinary home away from home: nestled on the hillside above the untouched Emerald Coast of Nicaragua with breathtaking views all the way to the northern coast of Costa Rica. Our beach, Playa Escameca, is an uncrowded surfer's beach just below the hotel, and where you'll surf most days.

Verdad - the Spanish word for 'Truth' - was built with an eye toward creating spaces that allow you to take in the stunning natural beauty of our surroundings in laid-back luxury. You can expect all the comfort, quality and excellence of a high-end resort, but with a chill and welcoming vibe. We pride ourselves in providing you a true Nica experience, where you can immerse in an authentic adventure with the best surf instructors around!

CONTACT US: <u>INFO@VERDADNICARAGUA.COM</u> TO RESERVE YOUR SPOT!